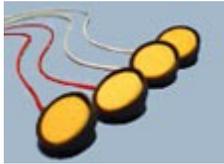


The Answer to Pain: Hako Med Horizontal Therapy

Horizontal Therapy is the latest breakthrough in the science of electro-medicine and the most advanced and effective form of bioelectric treatment available to date. It is a new, very specialized form of pain therapy that uses bioelectricity for pain management and circulatory disorders.



Can I benefit from Horizontal Therapy?

Most pain patients experience tremendous benefits from Horizontal Therapy. Any patient that experiences chronic pain and/or suffers from a circulatory disorder may benefit from treatment. Patients beginning a treatment course with Horizontal Therapy often experience significant benefits within the first three treatment sessions. Although results can vary depending upon the patient's condition, Horizontal Therapy has often proved effective as an alternative treatment when other options have failed.



How Does Horizontal Therapy Work?

Horizontal Therapy uses electricity to initiate your body's natural function. Drugs are chemically based and influence the body chemically. However, the chemical reactions of drugs also create electrical effects in the human body. Horizontal Therapy works in a similar way, but it directly uses electricity to affect electrical and chemical processes in the body. No other form of bioelectric therapy can influence both electrical and chemical processes at the same time at the same treatment area.

Just as a pharmacy has many different drugs to treat different ailments, Horizontal Therapy has different electrical signals to influence the body in order to treat a wide range of ailments with virtually no negative side effects.



What can I expect from the Horizontal Therapy treatment?

The primary objectives are to provide immediate temporary pain relief and to gain long term pain relief by treating the condition causing the pain. You can expect a mild tingling often described as relaxing and comfortable.

How Does Horizontal Therapy fit into my total therapy regimen?

- **Instant Pain Relief.** Similar to pharmaceutical based pain medications, Horizontal Therapy can provide immediate, temporary pain relief to the patient.
- **Improves the Condition.** Through successive treatments, Horizontal Therapy acts on the cause of the condition to provide improvement and deliver long-term pain relief.
- **Rehabilitates Muscles.** Horizontal Therapy can strengthen muscles in patient that have not been active due to a painful condition.
- **Provides Maintenance Therapy.** Sometimes a patient's condition is so severe that the ultimate goal of therapy is to decrease pain to a manageable level. Follow-up treatments that can sustain an achieved improvement in a patient's condition.
- **Effective Clinical Usage for:**

Back Pain	Neck Pain	Knee Pain
Sciatic Pain	Foot Pain	Osteoarthritis
Shoulder Pain	Post-Op Pain	Complex Chronic Pain
Muscle Re-education	Nerve Stimulation	Relax Muscle Spasms
Improving Range of Motion	Poor Circulation	Hand and Wrist Pain



Patient Q&A

Q: I notice my skin is reddened under where the electrode was placed. Is this dangerous?

A: No. With proper dosage, there is occasionally a reactive hyperemia (increased blood flow to the area). This will disappear in a short time. If you experience any discomfort please inform Dr. Cantu.

Q: My Hako-Med electromedical treatment was combined with the VasoPulse vasopneumatic device. I felt like I was getting an additional massage, but it left some red rings on my skin under the vacuum electrodes. Is the suction harmful?

A: No. With some skin types, a suction induced redness might be produced but this is temporary and will disappear shortly. The redness indicates an increase of blood flow to the area. Not only does this vacuum massage sensation feel good, but it produces a rapid increase in blood circulation under the electrode area. This enhances the ability of the treatment to enter the body.

Q: How many treatments are necessary for good results?

A: Electromedical treatment regimens are like drug treatment regimens - normally requiring 8-15 treatments (depending on the individual and the medical condition). Treatment time varies from 30 to 60 minutes. Dr. Cantu will go over your treatment plan during your visit. If you have any questions, feel free to bring them up. We want our patients to feel secure and informed on all aspects of their treatment plan.



Patient Q&A continued...

Q: Hako-Med electromedical treatments relieved my chronic migraine pain in 3 treatments, yet Dr. Cantu has prescribed additional treatments. Is this really necessary?

A: Prescribed regimens are usually based on research documentation and published medical reports. These documents recommend what is necessary for long-lasting results and complete electromedical regimens increase chances for optimal results. As always, if you have any questions or concerns feel free to discuss them with Dr. Cantu.

Q: Are there any side effects from the Hako-Med electromedical treatment?

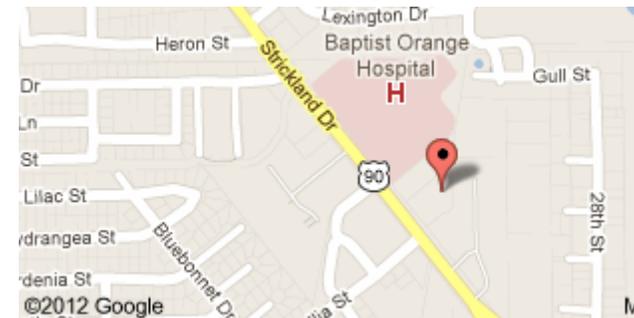
A: Typically there are minimal to no side effects. Depending on the individual patient and their medical condition, some side effects might include: relaxed or fatigued sensation with a desire to sleep, increased energy with difficulty falling asleep, occasional mild headache, increased bowel or bladder activity, and pain having moved to a new location. Most of these side effects have to do with changes (improvement) in blood circulation. Always advise Dr. Cantu or the nurse of any changes or abnormalities you experience from electromedical treatment.



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